

Hempstead Branch

This pamphlet shows the proposed December 2022 schedule at the following stations:

Stewart Manor

Nassau Boulevard

Garden City

Country Life Press

Hempstead

Floral Park, Bellerose, Elmont-UBS Arena, Queens Village, and Hollis stations are shown here for the convenience of those who are planning a trip between those stations and a Hempstead Branch station. Not all trains serving those stations are shown here — to plan a trip from these stations to Jamaica, Grand Central, or Penn Station, use the Main Line West pamphlet.

Many trains will also stop at Kew Gardens, Forest Hills, or Woodside.

Service Overview

Weekday Peak (arriving NYC 6 – 10 AM and departing 4 – 8 PM)

9 trains in each direction will run to and from Manhattan, evenly split between Penn Station and Grand Central.

One train in the morning and one in the afternoon will still run to Brooklyn.

All trains will stop at Jamaica, where transfer opportunities are available to other Western terminals..

Off-Peak

Trains will run every hour between Hempstead and Grand Central.

The Hempstead Branch will now provide a one-seat ride into Manhattan at all times. For service to Atlantic Terminal, change at Jamaica.

Note: Westbound Hempstead Branch trains will stop at Elmont-UBS Arena upon completion of switch and signal work near Queens Village. In the interim, westbound customers traveling to Elmont-UBS Arena should consult the Main Line West timetable for transfer opportunities at Floral Park.

TO NEW YORK

MONDAY – FRIDAY

| | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM |
|---------------------------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|-------|-------|-------|-------|------|------|------|------|------|------|------|------|-------|-------|-------|
| Hempstead | 12:05 | 1:02 | 1:57 | 3:55 | 4:57 | 5:20 | 5:50 | 6:24 | 6:37 | 7:05 | 7:32 | 7:50 | 8:32 | 8:44 | 9:08 | 9:43 | 10:49 | 11:43 | 12:43 | 1:43 | 2:43 | 3:58 | 5:04 | 6:01 | 7:04 | 7:53 | 8:59 | 9:58 | 10:58 | |
| Country Life Press | 12:08 | 1:05 | 2:00 | 3:58 | 5:00 | 5:23 | 5:53 | 6:27 | 6:40 | 7:08 | 7:35 | 7:53 | 8:35 | 8:47 | 9:11 | 9:46 | 10:52 | 11:46 | 12:46 | 1:46 | 2:46 | 4:01 | 5:07 | 6:04 | 7:07 | 7:56 | 9:02 | 10:01 | 11:01 | |
| Garden City | 12:11 | 1:08 | 2:03 | 4:01 | 5:03 | 5:26 | 5:56 | 6:30 | 6:43 | 7:11 | 7:38 | 7:56 | 8:38 | 8:50 | 9:14 | 9:49 | 10:55 | 11:49 | 12:49 | 1:49 | 2:49 | 4:04 | 5:10 | 6:07 | 7:10 | 7:59 | 9:05 | 10:04 | 11:04 | |
| Nassau Blvd | 12:13 | 1:10 | 2:05 | 4:03 | 5:05 | 5:28 | 5:58 | 6:32 | 6:45 | 7:13 | 7:40 | 7:58 | 8:40 | 8:52 | 9:16 | 9:51 | 10:57 | 11:51 | 12:51 | 1:51 | 2:51 | 4:06 | 5:12 | 6:09 | 7:12 | 8:01 | 9:08 | 10:06 | 11:06 | |
| Stewart Manor | 12:16 | 1:13 | 2:08 | 4:06 | 5:08 | 5:31 | 6:01 | 6:35 | 6:48 | 7:16 | 7:43 | 8:01 | 8:43 | 8:55 | 9:19 | 9:54 | 11:00 | 11:54 | 12:54 | 1:54 | 2:54 | 4:09 | 5:15 | 6:12 | 7:15 | 8:04 | 9:11 | 10:09 | 11:09 | |
| Floral Park | 12:19 | 1:16 | 2:11 | 4:09 | 5:11 | 5:34 | 6:04 | 6:38 | 6:51 | 7:19 | 7:46 | 8:04 | 8:46 | 8:58 | 9:22 | 9:57 | 11:03 | 11:57 | 12:57 | 1:57 | 2:57 | 4:12 | 5:18 | 6:15 | 7:18 | 8:07 | 9:14 | 10:12 | 11:12 | |
| Bellerose | 12:21 | 1:18 | 2:13 | 4:11 | 5:13 | 5:36 | 6:06 | 6:40 | 6:53 | 7:21 | 7:48 | 8:06 | 8:48 | 9:00 | 9:24 | 9:59 | 11:05 | 11:59 | 12:59 | 1:59 | 2:59 | 4:14 | 5:20 | 6:17 | 7:20 | 8:09 | 9:17 | 10:14 | 11:14 | |
| Queens Village | 12:26 | 1:23 | 2:18 | 4:16 | 5:18 | | 6:11 | | 6:58 | 7:26 | | | 8:53 | 9:05 | 9:29 | 10:04 | 11:10 | 12:04 | 1:04 | 2:04 | 3:04 | 4:19 | 5:25 | 6:22 | 7:25 | 8:14 | 9:22 | 10:19 | 11:19 | |
| Hollis | 12:29 | 1:26 | 2:21 | 4:19 | 5:21 | | 6:14 | | 7:01 | 7:29 | | | 8:56 | 9:08 | 9:32 | 10:07 | 11:13 | 12:07 | 1:07 | 2:07 | 3:07 | 4:22 | 5:28 | 6:25 | 7:28 | 8:17 | 9:25 | 10:22 | 11:22 | |
| Jamaica | 12:37 | 1:33 | 2:29 | 4:27 | 5:29 | 5:50 | 6:22 | 6:54 | 7:08 | 7:36 | 8:02 | 8:20 | 9:03 | 9:15 | 9:39 | 10:15 | 11:21 | 12:15 | 1:15 | 2:15 | 3:15 | 4:30 | 5:36 | 6:33 | 7:36 | 8:25 | 9:33 | 10:30 | 11:30 | |
| Atlantic Terminal | | | | | | | | | | 7:54 | | | | | | | | | | | | | | | | | | | | |
| Grand Central | 12:56 | 1:52 | | | 5:48 | | 6:40 | | 7:27 | | | | 8:38 | | 9:34 | | 10:34 | 11:40 | 12:34 | 1:35 | 2:35 | 3:34 | 4:49 | 5:54 | 6:52 | 7:55 | 8:44 | 9:52 | 10:49 | 11:49 |
| Penn Station | | | 2:48 | 4:46 | | 6:08 | | 7:13 | | | 8:21 | | 9:22 | | 9:58 | | | | | | | | | | | | | | | |
| Train Number | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | |
| Origin | 701 | 703 | 705 | 707 | 709 | 711 | 713 | 717 | 719 | 721 | 723 | 725 | 727 | 729 | 731 | 735 | 737 | 739 | 751 | 753 | 755 | 757 | 761 | 763 | 767 | 769 | 771 | 773 | 775 | |

Table 1 Inbound M-F Start

This schedule is a DRAFT. It is subject to change as we continue to analyze and refine the schedule.

TO HEMPSTEAD

MONDAY – FRIDAY

| | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | |
|---------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| Penn Station | | | 2:35 | 5:24 | | | | | | | | | | 4:04 | | | 5:28 | | | 6:37 | | 7:20 | | | | | | |
| Grand Central | 12:35 | 1:35 | | | 6:32 | 7:31 | 8:34 | 9:35 | 10:41 | 11:41 | 12:34 | 1:41 | 2:37 | 3:35 | | 4:35 | | | 5:48 | 6:03 | | 6:50 | | 7:52 | 8:35 | 9:37 | 10:37 | 11:37 |
| Atlantic Terminal | | | | | | | | | | | | | | | | 4:59 | | | | | | | | | | | | |
| Jamaica | 12:57 | 1:57 | 2:57 | 5:46 | 6:54 | 7:52 | 8:56 | 9:57 | 11:03 | 12:03 | 12:56 | 2:03 | 2:59 | 3:57 | 4:24 | 4:56 | 5:21 | 5:49 | 6:09 | 6:24 | 6:57 | 7:11 | 7:40 | 8:13 | 8:57 | 9:59 | 10:59 | 11:59 |
| <i>Hollis</i> | 1:04 | 2:03 | 3:04 | 5:53 | 7:01 | 7:59 | 9:03 | 10:04 | 11:10 | 12:10 | 1:03 | 2:10 | 3:06 | 4:04 | 4:31 | 5:02 | 5:27 | 5:55 | 6:15 | 6:30 | 7:03 | 7:18 | 7:47 | 8:20 | 9:04 | 10:06 | 11:06 | 12:06 |
| <i>Queens Village</i> | 1:07 | 2:06 | 3:07 | 5:56 | 7:04 | 8:02 | 9:06 | 10:07 | 11:13 | 12:13 | 1:06 | 2:13 | 3:09 | 4:07 | 4:34 | 5:05 | 5:30 | 5:58 | 6:18 | 6:33 | 7:06 | 7:21 | 7:50 | 8:23 | 9:07 | 10:09 | 11:09 | 12:09 |
| <i>Elmont-UBS Arena</i> | 1:09 | 2:08 | 3:09 | 5:58 | 7:06 | 8:04 | 9:08 | 10:09 | 11:15 | 12:15 | 1:08 | 2:15 | 3:11 | 4:09 | 4:36 | 5:07 | 5:32 | 6:00 | 6:21 | 6:35 | 7:08 | 7:23 | 7:52 | 8:25 | 9:09 | 10:11 | 11:11 | 12:11 |
| <i>Bellerose</i> | 1:11 | 2:10 | 3:11 | 6:00 | 7:08 | 8:06 | 9:10 | 10:11 | 11:17 | 12:17 | 1:10 | 2:17 | 3:13 | 4:11 | 4:38 | 5:09 | 5:34 | 6:02 | 6:23 | 6:37 | 7:10 | 7:25 | 7:54 | 8:27 | 9:11 | 10:13 | 11:13 | 12:13 |
| <i>Floral Park</i> | 1:13 | 2:12 | 3:13 | 6:02 | 7:10 | 8:08 | 9:12 | 10:13 | 11:19 | 12:19 | 1:12 | 2:19 | 3:15 | 4:13 | 4:40 | 5:11 | 5:36 | 6:04 | 6:25 | 6:39 | 7:12 | 7:27 | 7:56 | 8:29 | 9:13 | 10:15 | 11:15 | 12:15 |
| Stewart Manor | 1:16 | 2:15 | 3:16 | 6:05 | 7:13 | 8:11 | 9:15 | 10:16 | 11:22 | 12:22 | 1:15 | 2:22 | 3:18 | 4:16 | 4:43 | 5:14 | 5:39 | 6:07 | 6:28 | 6:42 | 7:15 | 7:30 | 7:59 | 8:32 | 9:16 | 10:18 | 11:18 | 12:18 |
| Nassau Blvd | 1:19 | 2:18 | 3:19 | 6:08 | 7:16 | 8:14 | 9:18 | 10:19 | 11:25 | 12:25 | 1:18 | 2:25 | 3:21 | 4:19 | 4:46 | 5:17 | 5:42 | 6:10 | 6:31 | 6:45 | 7:18 | 7:33 | 8:02 | 8:35 | 9:19 | 10:21 | 11:21 | 12:21 |
| Garden City | 1:22 | 2:21 | 3:22 | 6:11 | 7:19 | 8:17 | 9:21 | 10:22 | 11:28 | 12:28 | 1:21 | 2:28 | 3:24 | 4:22 | 4:49 | 5:20 | 5:45 | 6:13 | 6:34 | 6:48 | 7:21 | 7:36 | 8:05 | 8:38 | 9:22 | 10:24 | 11:24 | 12:24 |
| Country Life Press | 1:25 | 2:24 | 3:25 | 6:14 | 7:22 | 8:20 | 9:24 | 10:25 | 11:31 | 12:31 | 1:24 | 2:31 | 3:27 | 4:25 | 4:52 | 5:23 | 5:48 | 6:16 | 6:37 | 6:51 | 7:24 | 7:39 | 8:08 | 8:41 | 9:25 | 10:27 | 11:27 | 12:27 |
| Hempstead | 1:29 | 2:28 | 3:29 | 6:18 | 7:26 | 8:24 | 9:28 | 10:29 | 11:35 | 12:35 | 1:28 | 2:35 | 3:31 | 4:29 | 4:56 | 5:27 | 5:52 | 6:20 | 6:41 | 6:55 | 7:28 | 7:43 | 8:11 | 8:45 | 9:29 | 10:31 | 11:31 | 12:31 |
| Train Number | AM 702 | AM 704 | AM 706 | AM 710 | AM 712 | AM 714 | AM 716 | AM 718 | AM 722 | AM 724 | PM 750 | PM 752 | PM 754 | PM 756 | PM 758 | PM 760 | PM 762 | PM 766 | PM 768 | PM 770 | PM 772 | PM 774 | PM 778 | PM 780 | PM 782 | PM 784 | PM 786 | AM 788 |
| Destination | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Table 1 Inbound M-F continued

This schedule is a DRAFT. It is subject to change as we continue to analyze and refine the schedule.

| TO NEW YORK | SATURDAY – SUNDAY | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|-------------------|-------|------|------|------|------|------|------|------|-------|-------|-------|-------|------|------|------|------|------|------|------|------|-------|-------|
| | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | |
| Hempstead | 12:05 | 12:57 | 1:57 | 3:58 | 4:58 | 5:55 | 6:58 | 7:58 | 8:58 | 9:58 | 10:58 | 11:58 | 12:58 | 1:58 | 2:58 | 3:58 | 4:58 | 5:58 | 6:58 | 7:58 | 8:58 | 9:58 | 10:58 |
| Country Life Press | 12:08 | 1:00 | 2:00 | 4:01 | 5:01 | 5:58 | 7:01 | 8:01 | 9:01 | 10:01 | 11:01 | 12:01 | 1:01 | 2:01 | 3:01 | 4:01 | 5:01 | 6:01 | 7:01 | 8:01 | 9:01 | 10:01 | 11:01 |
| Garden City | 12:11 | 1:03 | 2:03 | 4:04 | 5:04 | 6:01 | 7:04 | 8:04 | 9:04 | 10:04 | 11:04 | 12:04 | 1:04 | 2:04 | 3:04 | 4:04 | 5:04 | 6:04 | 7:04 | 8:04 | 9:04 | 10:04 | 11:04 |
| Nassau Blvd | 12:13 | 1:05 | 2:05 | 4:06 | 5:06 | 6:03 | 7:06 | 8:06 | 9:06 | 10:06 | 11:06 | 12:06 | 1:06 | 2:06 | 3:06 | 4:06 | 5:06 | 6:06 | 7:06 | 8:06 | 9:06 | 10:06 | 11:06 |
| Stewart Manor | 12:16 | 1:08 | 2:08 | 4:09 | 5:09 | 6:06 | 7:09 | 8:09 | 9:09 | 10:09 | 11:09 | 12:09 | 1:09 | 2:09 | 3:09 | 4:09 | 5:09 | 6:09 | 7:09 | 8:09 | 9:09 | 10:09 | 11:09 |
| Floral Park | 12:19 | 1:11 | 2:11 | 4:12 | 5:12 | 6:09 | 7:12 | 8:12 | 9:12 | 10:12 | 11:12 | 12:12 | 1:12 | 2:12 | 3:12 | 4:12 | 5:12 | 6:12 | 7:12 | 8:12 | 9:12 | 10:12 | 11:12 |
| Bellerose | 12:21 | 1:13 | 2:13 | 4:14 | 5:14 | 6:11 | 7:14 | 8:14 | 9:14 | 10:14 | 11:14 | 12:14 | 1:14 | 2:14 | 3:14 | 4:14 | 5:14 | 6:14 | 7:14 | 8:14 | 9:14 | 10:14 | 11:14 |
| Queens Village | 12:26 | 1:18 | 2:18 | 4:19 | 5:19 | 6:16 | 7:19 | 8:19 | 9:19 | 10:19 | 11:19 | 12:19 | 1:19 | 2:19 | 3:19 | 4:19 | 5:19 | 6:19 | 7:19 | 8:19 | 9:19 | 10:19 | 11:19 |
| Hollis | 12:29 | 1:21 | 2:21 | 4:22 | 5:22 | 6:19 | 7:22 | 8:22 | 9:22 | 10:22 | 11:22 | 12:22 | 1:22 | 2:22 | 3:22 | 4:22 | 5:22 | 6:22 | 7:22 | 8:22 | 9:22 | 10:22 | 11:22 |
| Jamaica | 12:37 | 1:29 | 2:29 | 4:30 | 5:30 | 6:27 | 7:30 | 8:30 | 9:30 | 10:30 | 11:30 | 12:30 | 1:30 | 2:30 | 3:30 | 4:30 | 5:30 | 6:30 | 7:30 | 8:30 | 9:30 | 10:30 | 11:30 |
| Grand Central | 12:56 | 1:48 | | | 5:49 | 6:46 | 7:49 | 8:49 | 9:49 | 10:49 | 11:49 | 12:49 | 1:49 | 2:49 | 3:49 | 4:49 | 5:49 | 6:49 | 7:49 | 8:49 | 9:49 | 10:49 | 11:49 |
| Penn Station | | | 2:48 | 4:49 | | | | | | | | | | | | | | | | | | | |
| | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM |
| Train Number | 6701 | 6703 | 6705 | 6709 | 6711 | 6713 | 6715 | 6717 | 6719 | 6721 | 6723 | 6725 | 6751 | 6753 | 6755 | 6757 | 6759 | 6763 | 6765 | 6767 | 6769 | 6771 | 6773 |
| Origin | | | | | | | | | | | | | | | | | | | | | | | |

Table 1 Inbound M-F End

This schedule is a DRAFT. It is subject to change as we continue to analyze and refine the schedule.

TO HEMPSTEAD

SATURDAY - SUNDAY

| | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM |
|---------------------------|-------|------|------|------|------|------|------|-------|-------|-------|-------|------|------|------|------|------|------|------|------|-------|-------|-------|
| Penn Station | | | 2:35 | 5:26 | | | | | | | | | | | | | | | | | | |
| Grand Central | 12:35 | 1:35 | | | 6:35 | 7:35 | 8:35 | 9:35 | 10:35 | 11:35 | 12:35 | 1:35 | 2:35 | 3:35 | 4:35 | 5:35 | 6:35 | 7:35 | 8:35 | 9:35 | 10:35 | 11:35 |
| Jamaica | 12:57 | 1:57 | 2:57 | 5:48 | 6:57 | 7:57 | 8:57 | 9:57 | 10:57 | 11:57 | 12:57 | 1:57 | 2:57 | 3:57 | 4:57 | 5:57 | 6:57 | 7:57 | 8:57 | 9:57 | 10:57 | 11:57 |
| Hollis | 1:04 | 2:03 | 3:04 | 5:54 | 7:04 | 8:03 | 9:05 | 10:03 | 11:03 | 12:03 | 1:03 | 2:03 | 3:03 | 4:03 | 5:03 | 6:03 | 7:03 | 8:03 | 9:03 | 10:03 | 11:03 | 12:03 |
| Queens Village | 1:07 | 2:06 | 3:07 | 5:56 | 7:07 | 8:06 | 9:06 | 10:06 | 11:06 | 12:06 | 1:06 | 2:06 | 3:06 | 4:06 | 5:06 | 6:06 | 7:06 | 8:06 | 9:06 | 10:06 | 11:06 | 12:06 |
| Elmont-UBS Arena | 1:09 | 2:08 | 3:09 | 5:58 | 7:09 | 8:08 | 9:08 | 10:08 | 11:08 | 12:08 | 1:08 | 2:08 | 3:08 | 4:08 | 5:08 | 6:08 | 7:08 | 8:08 | 9:08 | 10:08 | 11:08 | 12:08 |
| Bellerose | 1:11 | 2:10 | 3:11 | 6:01 | 7:11 | 8:10 | 9:10 | 10:10 | 11:10 | 12:10 | 1:10 | 2:10 | 3:10 | 4:10 | 5:10 | 6:10 | 7:10 | 8:10 | 9:10 | 10:10 | 11:10 | 12:10 |
| Floral Park | 1:13 | 2:12 | 3:13 | 6:04 | 7:13 | 8:12 | 9:12 | 10:12 | 11:12 | 12:12 | 1:12 | 2:12 | 3:12 | 4:12 | 5:12 | 6:12 | 7:12 | 8:12 | 9:12 | 10:12 | 11:12 | 12:12 |
| Stewart Manor | 1:16 | 2:15 | 3:16 | 6:07 | 7:16 | 8:15 | 9:15 | 10:15 | 11:15 | 12:15 | 1:15 | 2:15 | 3:15 | 4:15 | 5:15 | 6:15 | 7:15 | 8:15 | 9:15 | 10:15 | 11:15 | 12:15 |
| Nassau Blvd | 1:19 | 2:18 | 3:19 | 6:10 | 7:19 | 8:18 | 9:18 | 10:18 | 11:18 | 12:18 | 1:18 | 2:18 | 3:18 | 4:18 | 5:18 | 6:18 | 7:18 | 8:18 | 9:18 | 10:18 | 11:18 | 12:18 |
| Garden City | 1:22 | 2:21 | 3:22 | 6:13 | 7:22 | 8:21 | 9:21 | 10:21 | 11:21 | 12:21 | 1:21 | 2:21 | 3:21 | 4:21 | 5:21 | 6:21 | 7:21 | 8:21 | 9:21 | 10:21 | 11:21 | 12:20 |
| Country Life Press | 1:25 | 2:24 | 3:25 | 6:16 | 7:25 | 8:24 | 9:24 | 10:24 | 11:24 | 12:24 | 1:24 | 2:24 | 3:24 | 4:24 | 5:24 | 6:24 | 7:24 | 8:24 | 9:24 | 10:24 | 11:24 | 12:23 |
| Hempstead | 1:29 | 2:28 | 3:29 | 6:20 | 7:29 | 8:28 | 9:28 | 10:28 | 11:28 | 12:28 | 1:28 | 2:28 | 3:28 | 4:28 | 5:28 | 6:28 | 7:28 | 8:28 | 9:28 | 10:28 | 11:28 | 12:27 |
| | AM | AM | AM | AM | AM | AM | AM | AM | AM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | AM |
| Train Number | 6702 | 6704 | 6706 | 6710 | 6712 | 6714 | 6716 | 6718 | 6720 | 6722 | 6750 | 6752 | 6754 | 6756 | 6760 | 6762 | 6764 | 6766 | 6768 | 6770 | 6772 | 6774 |
| Destination | | | | | | | | | | | | | | | | | | | | | | |