

Saturday, Sunday and Holidays, Effective March 3 - May 18, 2025

Eastbound

For explanation, see "Reference Notes."	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	Sat. Only	Sun. Only
PENN STATION	J 5:54	J 6:53	J 9:54	J 10:54	J 11:36	J 11:58
GRAND CENTRAL	J 5:36	J 6:48	7:57	8:57	9:57	10:57	11:57	12:57	1:57	2:57	3:57	4:57	5:57	6:57	7:57	8:57	J 9:39	J 10:48	J 11:39	J 11:48	
Woodside
Forest Hills
Kew Gardens
ATLANTIC TERMINAL
Nostrand Avenue
East New York
JAMAICA (Arrive)	6:14	7:14	8:17	9:17	10:17	11:17	12:17	1:17	2:17	3:17	4:17	5:17	6:17	7:17	8:17	9:17	10:14	11:14	11:59	12:18	
JAMAICA (Leave)	6:19	7:19	8:19	9:19	10:19	11:19	12:19	1:19	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19	11:19	12:04	12:22	
St. Albans	6:25	7:25	8:25	9:25	10:25	11:25	12:25	1:25	2:25	3:25	4:25	5:25	6:25	7:25	8:25	9:25	10:25	11:25	12:10	12:28	
Westwood	6:35	7:35	8:35	9:35	10:35	11:35	12:35	1:35	2:35	3:35	4:35	5:35	6:36	7:36	8:35	9:36	10:36	11:35	12:20	12:38	
Malverne	6:37	7:37	8:37	9:37	10:37	11:37	12:37	1:37	2:37	3:37	4:37	5:37	6:38	7:38	8:37	9:38	10:38	11:37	12:22	12:40	
Lakeview	6:39	7:39	8:39	9:39	10:39	11:39	12:39	1:39	2:39	3:39	4:39	5:39	6:40	7:40	8:39	9:40	10:40	11:39	12:24	12:42	
Hempstead Gardens	6:41	7:41	8:41	9:41	10:41	11:41	12:41	1:41	2:41	3:41	4:41	5:41	6:42	7:42	8:41	9:42	10:42	11:41	12:26	12:44	
WEST HEMPSTEAD	6:46	7:46	8:46	9:46	10:46	11:46	12:46	1:46	2:46	3:46	4:46	5:46	6:47	7:47	8:46	9:47	10:47	11:46	12:31	12:49	
Train #	7708	7710	7712	7714	7716	7718	7720	7750	7752	7754	7756	7758	7760	7762	7764	7766	7768	7770	7702	1702	

To West Hempstead

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

Saturday, Sunday and Holidays, Effective March 3 - May 18, 2025

Westbound

For explanation, see "Reference Notes."	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
WEST HEMPSTEAD	6:03	7:03	8:03	9:03	10:03	11:03	12:03	1:03	2:03	3:03	4:03	5:03	6:03	7:03	8:03	9:03	10:03	11:03	11:59		
Hempstead Gardens	6:05	7:05	8:05	9:05	10:05	11:05	12:05	1:05	2:05	3:05	4:05	5:05	6:05	7:05	8:05	9:05	10:05	11:05	12:01		
Lakeview	6:07	7:07	8:07	9:07	10:07	11:07	12:07	1:07	2:07	3:07	4:07	5:07	6:07	7:07	8:07	9:07	10:07	11:07	12:03		
Malverne	6:09	7:09	8:09	9:09	10:09	11:09	12:09	1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:09	11:09	12:05		
Westwood	6:12	7:12	8:12	9:12	10:12	11:12	12:12	1:12	2:12	3:12	4:12	5:12	6:12	7:12	8:12	9:12	10:12	11:12	12:08		
St. Albans	6:23	7:23	8:23	9:23	10:23	11:23	12:23	1:23	2:23	3:23	4:23	5:23	6:23	7:23	8:23	9:23	10:23	11:23	12:19		
JAMAICA (Arrive)	6:29	7:29	8:29	9:29	10:29	11:29	12:29	1:29	2:29	3:29	4:29	5:29	6:29	7:29	8:29	9:29	10:29	11:29	12:25		
JAMAICA (Leave)	6:33	7:31	8:31	9:31	10:31	11:31	12:31	1:31	2:31	3:31	4:31	5:31	6:31	7:31	8:31	9:34	10:34	11:34	12:37		
East New York		
Nostrand Avenue		
ATLANTIC TERMINAL		
Kew Gardens		
Forest Hills		
Woodside		
GRAND CENTRAL	J 7:04	7:51	8:51	9:51	10:51	11:51	12:51	1:51	2:51	3:51	4:51	5:51	6:51	7:51	8:51	J 10:04	J 11:04	J 12:04	J 1:08		
PENN STATION	J 6:52	J 9:54	J 10:54	J 11:54	J 12:58		
Train #	7705	7709	7711	7713	7715	7717	7719	7751	7753	7755	7757	7759	7761	7763	7765	7767	7769	7771	7773		

To Penn Station, Grand Central Brooklyn* & Jamaica

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

Ticket Types

One Way
Good for one ride for 60 days including date of sale. Sold for:
Peak - Weekday trains marked Peak AM or Peak PM herein.
Off Peak - All other trains including all day weekends & holidays.
(See Reference Notes for holiday details.)

Round Trip
Good for two rides for 60 days including date of sale. Sold for peak or off-peak travel. Priced at the combination of one way fares selected (peak, off-peak, peak/off-peak, senior both ways, etc.).

Weekly
Unlimited rides Saturday through Friday. On sale the Wednesday before the Saturday that the ticket becomes valid. Non-transferable.

Monthly
Unlimited rides during the calendar month indicated on the ticket. On sale starting on the 25th of the month prior. Non-transferable.

Ten Trip Tickets
Good for ten rides from/to City Zone 1 only. Valid for six months from date of sale. Transferable. Sold for Peak (10 peak one-way fares), Off Peak (up to 15% off 10 off peak one way fares) or Senior/Disabled or Medicare (10 senior/disabled or Medicare one-way fares).

Senior/People with Disabilities and Medicare Customers
Half-fare good at all times except weekday Peak AM trains. Seniors must be 65 or older with valid ID; people with disabilities must present MTA ID card. Medicare customers must present valid Medicare card or an MTA Reduced-Fare MetroCard at time of ticket purchase or use to obtain half-fare price.

Children's Fares and Family Fare
"Family Fare" is available for Off Peak Travel; up to four children aged 5-11 may ride for \$1 each when accompanied by a fare-paying adult who is at least 18 years old.

Refunds
Refunds are subject to a \$10 processing fee per transaction. For One-Way, Round-Trip and Ten-Trip tickets, refunds are offered within their validity period plus two years after expiration. Monthly/weekly refunds based on time held. USPS postmark or time-stamp on application (if submitted at a Ticket Window) used as turn-in date. Expired tickets cannot be used for travel or exchanged. Mail to: LIRR Ticket Refunds Department, Jamaica Station - MC 1410, Jamaica, New York 11435

On Board The Train
Onboard ticket sales cost up to \$6.50 more. Train crews must charge the higher on board fare and are not authorized to waive this rule. If an issue arises, pay the requested fare, obtain receipt, and contact us.

Other Ticket Types
See **Tickets & Fares** brochure, our website or call 511 for details & other types: CityTicket, Monthly School, Group Rates, Deals & Getaways, etc.

UNITICKETS (COMBINATION RAIL/BUS TICKETS)
The following discounted bus options are available with the purchase of LIRR Monthly or Weekly tickets:

Bus Operator	Monthly	Weekly
NICE (Nassau Inter-County Express)	\$57.00	\$13.75
Long Beach - All Buses	\$30.00	Not Available
NYCT - Q5, Q12, Q13, Q15, Q16, Q17, Q20, Q26, Q27, Q28, Q31, Q44, Q48, Q85 (at Rosedale, Bayside & Flushing LIRR Stations only)	\$46.50	\$11.75
MTA Bus - Q19, Q25, Q34, Q50, Q65, Q66 (at Flushing LIRR Station only)		



Your Safety Is Our Top Priority!

- Help us make your trip safer!
- Step over the gap between the train and platform when boarding and exiting.
- Never stand at the edge of a platform, or lean over a platform to see if your train is coming.
- Please safeguard your property, including your electronic devices.
- Never attempt to retrieve something from the track area. If you drop something onto the tracks, notify a LIRR employee for assistance.
- Never lean against standing trains.
- Be extra careful in the winter, especially if ice forms on stairs and platforms.
- Obey posted instructions if the platform is undergoing rehabilitation.

Before Boarding Your Train

Station platforms are accessible to mobility-impaired customers. Please inform the conductor if you need assistance on and off trains. Penn Station is accessible through the 34th Street entrance near 7th Avenue and the 33rd Street entrance at 8th Avenue.

Ticket purchases on board trains will cost more. To save money, buy before boarding at ticket offices and machines.

Westbound PEAK AM electric trains displaying white and red headlights simultaneously are short of cars. If red lights appear, you may need to reposition yourself on the platform to board.

The LIRR is a smoke-free public transportation system. Smoking is prohibited at all times on all trains; in all waiting rooms, elevators, staircases and enclosed waiting areas; and in outdoor ticketing, boarding and platform areas of terminals and stations.

On Your Train

Please make sure that your ticket is available for immediate presentation to the conductor. If you change seats or trains en route, hold on to your ticket for presentation to avoid paying an additional fare. On trains that stop at Jamaica, tickets are inspected both before and after the Jamaica stop.

Quiet Cars® are available on weekday AM Peak (FIRST CAR) and PM Peak (LAST CAR) single-level electric trains to/from Penn Station, Grand Central and Atlantic Terminal. Customers should disable the sound on electronic devices; use headphones at a low volume; speak in a subdued voice; refrain from talking on cell phones. Quiet Car is the registered service mark of the National Railroad Passenger Corporation (Amtrak) and is being used by permission.

Most LIRR trains have restrooms in every other car. These are always the odd-numbered cars. Check the car number on the outside or the inside of the car to locate a restroom-equipped car.

Luggage should be stored in overhead racks and not take up seat space or block the aisles or doorways of trains. Luggage may not be left unattended. Bags and containers are subject to random search by MTA police.

At Your Destination

Please carefully check to ensure you do not leave anything behind. Should you forget something, our Lost & Found Office in Penn Station will be happy to help. Open weekdays 7:20 AM - 7:20 PM or call 511 (Say "LIRR" then "Lost & Found").

Please help us keep our trains clean by taking coffee cups, paper bags or other disposable items and depositing them in the receptacles on the station platform.

Fares to and from New York and Brooklyn

Between	And Zone	Monthly	Weekly	PEAK Ten Trip	Off-Peak Ten Trip	Senior Ten Trip	PEAK One Way	Off Peak One Way	Senior One Way	Onboard Peak One Way	Onboard Off Peak One Way
Zone 1	1	\$165.00	\$65.00	\$25.50	\$7.50	\$45.00	\$9.25	\$6.75	\$4.50	\$15.00	\$13.00
	3	\$193.00	\$78.25	\$112.50	\$70.25	\$66.00	\$11.25	\$8.25	\$6.50	\$17.00	\$14.00
New York	4	\$253.00	\$90.00	\$130.00	\$83.00	\$66.00	\$13.00	\$9.75	\$6.50	\$19.00	\$16.00
	7	\$287.00	\$102.00	\$145.00	\$91.50	\$72.50	\$14.50	\$10.75	\$7.25	\$21.00	\$17.00
Brooklyn	9	\$341.00	\$121.25	\$175.00	\$110.50	\$87.50	\$17.50	\$13.00	\$8.75	\$24.00	\$19.00
	10	\$378.00	\$134.50	\$205.00	\$129.75	\$102.50	\$20.50	\$15.25	\$10.25	\$27.00	\$21.00
L.I. City	12	\$433.00	\$164.00	\$245.00	\$155.25	\$122.50	\$24.50	\$18.25	\$12.25	\$31.00	\$24.00
	14	\$488.00	\$176.25	\$317.50	\$199.75	\$157.50	\$31.75	\$23.50	\$15.75	\$38.00	\$30.00

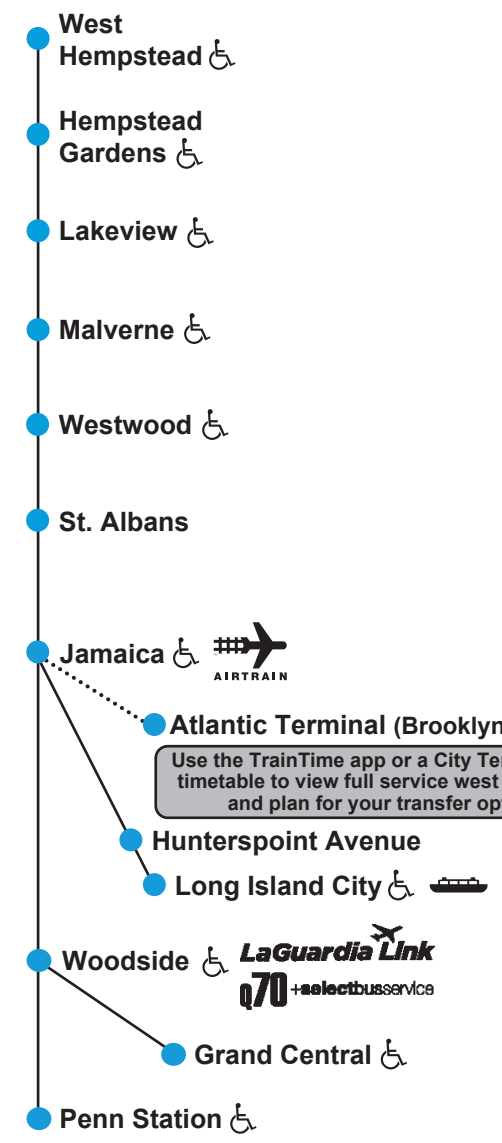
Buy your monthly, weekly, ten-trip, twenty-trip, one-way, round trip and CityTickets directly from your mobile device using TrainTime. Download the free App today!



Effective March 3 - May 18, 2025

West Hempstead Branch Timetable

www.mta.info



Use the TrainTime app or a City Terminal Zone timetable to view full service west of Jamaica and plan for your transfer options.

LaGuardia Link
Q70 +selectbusservice



Printed on partially recycled paper. Please recycle after use.

Monday through Friday except Holidays, Effective March 3 - May 18, 2025

Eastbound

To West Hempstead

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak			Monday - Thursday	Friday Only
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM		
PENN STATION	5:40	J 6:09	J 9:46	J 10:52	J 11:57	J 11:37	
GRAND CENTRAL	J 6:11	7:31	9:06	9:30	10:30	11:30	12:30	1:30	2:47	3:04	8:57	J 9:43	J 10:28	J 11:54	J 11:30
Woodside
Forest Hills	5:55	7:46	9:21
Kew Gardens	9:23
ATLANTIC TERMINAL	7:36	8:37
Nostrand Avenue	7:43	8:44
East New York	7:48	8:49
JAMAICA (Arrive)	6:01	6:34	7:52	7:57	8:58	9:26	9:51	10:51	11:51	12:51	1:51	3:08	3:25	4:02	4:46	5:16	5:39	5:50	5:53	6:13	6:30	6:53	7:10	7:57	9:17	10:07	11:12	12:18	11:57	
JAMAICA (Leave)	6:03	6:39	7:53	7:59	9:00	9:28	9:53	10:53	11:53	12:53	1:53	3:09	3:26	4:03	4:48	5:17	5:40	5:51	5:57	6:14	6:31	6:54	7:11	7:58	9:19	10:12	11:18	12:22	12:04	
St. Albans	6:09	6:46	7:59	8:06	9:06	9:34	9:59	10:59	11:59	12:59	1:59	3:15	3:32	4:09	4:55	5:23	5:46	5:57	6:03	6:20	6:37	7:00	7:17	8:04	9:25	10:18	11:24	12:28	12:10	
Westwood	6:56	8:16	9:16	10:09	11:09	12:09	1:09	2:09	3:25	4:19	5:05	5:34	6:13	6:47	7:28	8:14	9:35	10:28	11:34	12:38	12:20	
Malverne	6:58	8:18	9:18	10:11	11:11	12:11	1:11	2:11	3:27	4:21	5:07	5:36	6:15	6:49	7:30	8:16	9:37	10:30	11:36	12:40	12:22	
Lakeview	7:00	8:20	9:20	10:13	11:13	12:13	1:13	2:13	3:29	4:23	5:09	5:38	6:17	6:51	7:32	8:18	9:39	10:32	11:38	12:42	12:24	
Hempstead Gardens	7:02	8:22	9:22	10:15	11:15	12:15	1:15	2:15	3:31	4:25	5:11	5:40	6:19	6:53	7:34	8:20	9:41	10:34	11:40	12:44	12:26	
WEST HEMPSTEAD	7:07	8:27	9:27	10:20	11:20	12:20	1:20	2:20	3:36	4:30	5:16	5:45	6:24	6:58	7:39	8:25	9:46	10:39	11:45	12:49	12:31	
Train #	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM
	122	1706	222	1710	1712	1290	1714	1716	1718	1750	1752	1754	262	1756	1758	1760	1162	1264	1762	270	1764	1178	1766	1768	1770	1772	1774	1702	7702	

Monday through Friday except Holidays, Effective March 3 - May 18, 2025

Westbound

To Penn Station, Grand Central Brooklyn* & Jamaica

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Peak	Peak	Peak	Peak	Peak	Peak	Peak																							
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
WEST HEMPSTEAD	5:22	6:26	7:24	7:55	8:48	10:23	11:23	12:23	1:23	2:26	2:57	3:55	5:51	7:51	8:48	10:01	10:56	11:59
Hempstead Gardens	5:24	6:28	7:26	7:57	8:50	10:25	11:25	12:25	1:25	2:28	2:59	3:57	5:53	7:53	8:50	10:03	10:58	12:01
Lakeview	5:26	6:30	7:28	7:59	8:52	10:27	11:27	12:27	1:27	2:30	3:01	3:59	5:55	7:55	8:52	10:05	11:00	12:03
Malverne	5:28	6:32	7:30	8:01	8:54	10:29	11:29	12:29	1:29	2:32	3:03	4:01	5:57	7:57	8:54	10:07	11:02	12:05
Westwood	5:31	6:35	7:33	8:03	8:57	10:32	11:32	12:32	1:32	2:35	3:06	4:04	6:00	8:00	8:57	10:10	11:05	12:08
St. Albans	5:42	6:46	7:17	7:44	8:06	8:17	9:08	9:27	10:43	11:43	12:43	1:43	2:46	3:17	4:17	5:04	5:39	6:11	7:05	8:11	9:08	10:21	11:16	12:19
JAMAICA (Arrive)	5:48	6:52	7:24	7:50	8:12	8:23	9:14	9:33	10:49	11:49	12:49	1:49	2:53	3:23	4:23	5:10	5:45	6:17	7:11	8:16	9:14	10:27	11:22	12:25
JAMAICA (Leave)	5:52	6:53	7:25	7:51	8:14	8:25	9:15	9:34	10:51	11:51	12:50	1:51	2:56	3:24	4:24	5:11	5:46	6:18	7:12	8:18	9:19	10:31	11:26	12:35
East New York
Nostrand Avenue
ATLANTIC TERMINAL
Kew Gardens
Forest Hills
Woodside	8:34
GRAND CENTRAL	J 6:11	7:12	8:09	8:34	8:46	11:10	12:10	1:10	2:10
PENN STATION	J 6:20	7:43	9:34	9:54
Train #	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
	1705	1707	1125	1709	1233	1711	1715	137	1717	1719	1721	1753	1755	1757	1759	261	173	1761	265	1767	1769	1771	1773	1775

Long Island Rail Road

To Hunterspoint Avenue & Long Island City Monday to Friday except Holidays

Leave		Arrive		
Train #	Notes	Jamaica	HP Ave	LI City
Morning Service				
609	Peak	6:14	6:32	6:40
611	Peak	6:44	7:02	7:14
35	Peak	7:05	7:23	7:35
37	Peak	7:29	7:47	7:55
615	Peak	7:40	7:59
509	Peak	7:54	8:11
617	Peak	8:04	8:21	8:29
7	Peak	8:31	8:48	8:57
621	Peak	8:56	9:13
515	Peak	9:12	9:28	9:36

From Long Island City & Hunterspoint Avenue Monday to Friday except Holidays

Leave		Arrive		
Train #	Notes	LI City	HP Ave	Jamaica
Afternoon and Evening Service				
656	3:15	3:30	3:46
558	3:57	4:16
658	Peak	4:22	4:37
18	Peak	4:30	4:46
80	Peak	4:27	4:42	4:58
662	Peak	4:58	5:07	5:25
698	Peak	5:43	5:58	6:16
668	Peak	6:43	6:58
568	Peak	6:40	6:53	7:09

WATCH THE GAP

Reference Notes	
*	For complete service west of Jamaica see the applicable City Terminal Zone timetable.
J	Transfer at Jamaica. Transfers are only shown on this timetable for select trains. Use the TrainTime app or a City Terminal Zone timetable to view all your transfer options.
	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
Holidays	Holiday service will operate on New Year's Day, Presidents' Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off Peak fares will apply on these days. Senior/Disabled/Medicare tickets will be honored all day on Columbus Day, Election Day and Veterans Day.
PEAK AM	Off-Peak One-Way/Ten Trip tickets not honored. Senior citizen/People with disabilities/Medicare customers tickets not honored (restriction lifted on Columbus, Election & Veterans Days). No bicycles are allowed on these trains.
PEAK PM	Off-Peak One-Way/Ten Trip tickets not honored. At stations other than western terminals, PM Peak trains may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

Station Services: Connecting Transportation

Station	Form Zone	Service	Phone	Address
PENN STATION	1	M7, M20, M34-SBS, M34A-SBS, Q32	(212) 312-3333	1, 2, 3, A, C, E, Amtrak, NJ TRANSIT
GRAND CENTRAL	1	M7, M2, M3, M4, M42, M701, M702, M703, Q32	(212) 312-3333	4, 5, 6, 7, S, METRO-NORTH
Woodside	1	Q18, Q22, Q23-SBS, Q70-SBS	(516) 742-2222	LaGuardia Link Q70-SBS
Forest Hills	1	Q23, Q60, Q64	(516) 742-2222	E, F, M, R
Kew Gardens	1	Q10	(516) 742-2222
HUNTERSPOINT AVE.	1	Q67	(516) 742-2222
ATLANTIC TERMINAL	1	B37, B41, B45, B63, B65, B67, B103	(516) 742-2222	2, 3, 4, 5, B, D, N, Q, R
Nostrand Avenue	1	B25, B26, B44, B44-SBS, B49	(516) 742-2222	A, C, Z, L
East New York	1	B12, B20, B25, B85, Q26, Q56	(516) 742-2222	A, C, J, Z, L
JAMAICA				