



### ***Service Overview***

---

#### ***Travel Plans***

---

Direct Service From Major New Haven Line stations

Non-Direct Service From Hudson, Harlem & New Haven Lines

Service from Stations on the Pascack Valley & Port Jervis Lines to The Meadowlands Sports Complex

#### ***How To Purchase Your "Train To The Game™" Tickets***

---

From Any Hudson, Harlem, or New Haven Line Station

From Stations on the Pascack Valley & Port Jervis Lines to The Meadowlands Sports Complex

Ticket Purchasing Tips

#### ***Maps***

---

#### ***New Haven Sunday 1PM Train Schedules***

---

#### ***2009 Game Schedule***

---

*Jets and Giants fans:*

*This 2009 football season  
— for the first time ever —*

*Metro-North will make  
getting to the New Jersey*

*Meadowlands Sports*

*Complex easier than ever.*

*How? Just "Take the*

*Train to the Game™!"*

### **KEY PROGRAM HIGHLIGHTS INCLUDE:**

---

- A new one-ticket ride from any Metro-North station to any Giants or Jets football game at the Meadowlands Sports Complex.
- Direct New Haven Line service for Sunday, 1 PM games.
- Non-direct service on Hudson, Harlem, and New Haven lines.
- Pascack Valley and Port Jervis Line service for Rockland, Orange, and Westchester County customers.

## Service Overview

Now, for the first time ever, Metro-North customers can purchase one ticket for travel to the Meadowlands Sports Complex (connecting at the Frank R. Lautenberg Secaucus Junction Station) for Giants and Jets home games.

- Beginning September 20, 2009, Metro-North will introduce a new direct service from major New Haven Line stations to the Meadowlands (connecting at Secaucus Junction). See our new direct service timetables for details.
- In addition, our regularly scheduled service will bring you to Grand Central Terminal, where you'll be able to make one quick subway transfer to connect to trains from Penn Station-NY to the Meadowlands. Schedules available on our home page at [www.mta.info](http://www.mta.info).

## DIRECT NEW HAVEN LINE SERVICE

*via Secaucus Junction*

**New Haven Line Customers:** From major stations, three New Haven Line trains will provide direct through-service (one-seat ride) to NJ TRANSIT's Secaucus Junction (via Penn Station-NY) for all Sunday, 1 PM kick-off home games. From Secaucus Junction, it's an easy transfer to the new Meadowlands Rail Line for an express ride to the new Meadowlands Sports Complex Station.

## NON-DIRECT SERVICE ON HUDSON, HARLEM & NEW HAVEN LINES

**Hudson, Harlem, and New Haven Line Customers:**

Take Metro-North to Grand Central Terminal, ride the subway to Penn Station-NY, then transfer to a NJ TRANSIT train for an express ride on the new Meadowlands Rail Line (connecting at Secaucus Junction) to the new Meadowlands Sports Complex Station.

## PASCACK VALLEY & PORT JERVIS LINES

**Rockland, Orange, and Westchester County**

**Customers:** You can get to the Meadowlands Sports Complex Station from Spring Valley, Nanuet, and Pearl River Stations on the Pascack Valley Line as well as from Port Jervis Line stations. Check [www.mta.info](http://www.mta.info) for the most current schedule details.

**PLEASE NOTE:** The Meadowlands Sports Complex Stadium does not allow coolers or any over-sized containers on their property.

## Travel Plans

Here's what you need to know. For further information about ticket-buying options, refer to the "How to Purchase Your Train to the Game™" Tickets section.

## DIRECT SERVICE FROM MAJOR NEW HAVEN LINE STATIONS

*to the Meadowlands Sports Complex for Sunday, 1 PM Games ONLY*

- Purchase your round-trip rail ticket to the Meadowlands Sports Complex Station at any Metro-North ticket office, ticket machine, or through WebTicket ([www.mta.info](http://www.mta.info)).
- Direct service will be provided from the following stations:
  - New Haven      – Westport      – Greenwich
  - Bridgeport    – South Norwalk – Rye
  - Fairfield      – Stamford     – Larchmont

Connections available from the New Canaan Branch. For Danbury and Waterbury Branch lines, check the schedule for connections, or drive to a New Haven Line station from which direct service is provided.

Visit [www.mta.info](http://www.mta.info) for schedule information.

- When you arrive at Secaucus Junction, look for the "MTA Tickets" signs to board the Meadowlands Rail Line.
  - Show your train ticket at the gate.
  - The express ride from Secaucus Junction to the Sports Complex is approximately 10 minutes.

Free weekend parking is available at many New Haven Line stations. Visit [www.mta.info](http://www.mta.info) for parking information at your departure station.

## **DIRECT SERVICE RETURNING FROM THE MEADOWLANDS SPORTS COMPLEX**

*to major New Haven Line stations after Sunday, 1 PM Games ONLY*

- After the game, ride the Meadowlands Rail Line back to Secaucus Junction.
- Direct service will be provided to the following stations:
  - Larchmont    – Stamford    – Fairfield
  - Rye            – South Norwalk    – Bridgeport
  - Greenwich    – Westport        – New Haven

Connections available to the New Canaan Branch.

Visit **www.mta.info** for schedule information.

- **Direct Transfers:** Metro-North’s direct trains will also stop at Penn Station-NY. If for any reason, you do not board the direct train to the New Haven Line, take the next NJ TRANSIT train to Penn Station-NY. You can still connect to your New Haven Line direct train there.
- **Non-Direct Transfers:** Remember, you can also ride any other scheduled NJ TRANSIT train back to Penn Station-NY and transfer to Grand Central Terminal via subway for your Metro-North train back home. Your “Train to the Game™” ticket will be honored on all Metro-North trains. If you take the subway back to Grand Central Terminal from Penn Station-NY, you will need to purchase a MetroCard. You can also walk to Grand Central Terminal from Penn Station-NY.

## **NON-DIRECT SERVICE FROM HUDSON, HARLEM & NEW HAVEN LINES**

*to the Meadowlands Sports Complex  
(For all games from the Hudson and Harlem Lines,  
and non-direct New Haven Line trains)*

- Purchase your round-trip rail ticket to the Meadowlands Sports Complex Station.
- Visit **www.mta.info** for Hudson, Harlem, and New Haven line schedule information.
- Once you arrive at Grand Central Terminal, transfer to Penn Station-NY.
  - By subway: Take the **S** or **7** subway to 42nd St./Times Square, then the downtown **1**, **2**, or **3** subway one stop to Penn Station-NY.

**NOTE:**

Be sure to purchase a \$4.50 MetroCard for your round-trip to/from Penn Station-NY.

- Walking: Penn Station-NY is located on Seventh Avenue and 32nd St., about a 20-minute walk from Grand Central.

- Visit **www.njtransit.com** for a NJ TRANSIT train schedule to Secaucus Junction, with connections to the Meadowlands Rail Line.
- Once you arrive at Secaucus Junction, look for the “MTA Tickets” signs for the Meadowlands Rail Line.
  - Show your rail ticket at the gate.
  - The express ride from Secaucus Junction to the Stadium is approximately 10 minutes.

Free weekend parking is available at many Metro-North stations. Visit **www.mta.info** for parking information at your departure station.

## **NON-DIRECT SERVICE RETURNING FROM THE MEADOWLANDS SPORTS COMPLEX**

*to Hudson and Harlem Lines (for all games)  
and non-direct New Haven Line trains*

- After the game, ride the Meadowlands Rail Line back to Secaucus Junction.
  - Transfer at Secaucus Junction for trains bound for Penn Station-NY. (Visit **www.njtransit.com** for NJ TRANSIT train schedules.)
  - Once you arrive at Penn Station-NY, transfer to Grand Central Terminal.
    - By subway: Take the uptown **1**, **2**, or **3** subway to 42nd St./Times Square, then the **S** or **7** subway to Grand Central Terminal.
- NOTE:**  
Be sure to purchase a \$4.50 MetroCard for your round-trip to/from Penn Station.
- Walking: Grand Central Terminal is located on 42nd Street between Lexington and Vanderbilt Avenues, about a 20-minute walk from Penn Station-NY.
- Visit **www.mta.info** for Metro-North’s New Haven, Hudson, or Harlem Line schedules for trains returning to your home station.

## **FROM STATIONS ON THE PASCACK VALLEY & PORT JERVIS LINES TO THE MEADOWLANDS SPORTS COMPLEX**

*for any Giants or Jets Game*

- Purchase your rail ticket to the Meadowlands Sports Complex Station from NJ TRANSIT.
- Visit **www.mta.info** for Metro-North's West of Hudson schedule for service departing from your boarding station and connecting at Secaucus Junction to the Meadowlands Sports Complex Station.

**HERE'S A TIP:** If you live in Westchester, you may want to drive to one of our Pascack Valley Line stations in Rockland County. Parking is free on weekends, and you can "Take the Train to the Game™" from Spring Valley, Nanuet, or Pearl River stations to the Meadowlands Sports Complex Station for any Giants or Jets game. Getting to our Pascack Valley Line stations is easy: Simply take the Tappan Zee Bridge to Interstate 87 for a quick 15-20 minute trip to any of the three Pascack Valley Line stations. All three Metro-North stations are located within minutes of Exit 14 (Route 59).

## **RETURNING FROM THE MEADOWLANDS SPORTS COMPLEX**

*to Pascack Valley and Port Jervis Line stations*

- After the game, ride the Meadowlands Rail Line to Secaucus Junction.
- Transfer at Secaucus Junction for train service to Pascack Valley or Port Jervis Line stations.
- Visit **www.mta.info** for Metro-North's West of Hudson schedule from Secaucus Junction.

## **How To Purchase Your "Train To The Game™" Tickets**

### **FROM ANY HUDSON, HARLEM, OR NEW HAVEN LINE STATION**

*to the Meadowlands Sports Complex*

Metro-North sells tickets to the Meadowlands Sports Complex for Giants and Jets home games only. **They are NOT VALID for any other events taking place at the Sports Complex.**

- The price of a round-trip ticket to the Meadowlands Sports Complex Station is the same as the round-trip fare from any station to Grand Central Terminal **PLUS** \$7.75\* (for an off-peak, round-trip ticket purchase for the portion of the trip from Penn Station-NY to the Meadowlands Sports Complex Station).
  - Monthly commuters to/from Manhattan can use their monthly tickets **PLUS** \$7.75\* (for an off-peak, round-trip ticket purchase for the portion of the trip from Penn Station-NY to the Meadowlands Sports Complex Station).
  - Visit **www.mta.info** for Metro-North fare information.
  - Through WebTicket at **www.mta.info**.
    - Purchase a round-trip ticket to the Meadowlands Sports Complex Station online and you'll save an additional 5% off the Metro-North portion.
    - Your ticket is valid for travel on both Metro-North and NJ TRANSIT.
    - If you are traveling on the Hudson or Harlem lines to any game, or on the New Haven Line for a game time other than Sunday at 1 PM, you can also buy a \$4.50 MetroCard at **Grand Central Terminal for the subway transfer** to Penn Station-NY, or you can walk.
- NOTE:** You must make your WebTicket purchase no less than five days prior to the game to ensure on-time delivery.

**Metro-North tickets to the Meadowlands Sports Complex are good for Giants and Jets home games only. They are NOT VALID for any other events taking place at the Sports Complex.**

\*Current fare as of August 2009. Check NJ TRANSIT timetables for latest fare information.

- From a Ticket Machine or Ticket Office
  - Purchase a round-trip ticket to the Meadowlands Sports Complex Station.
  - Your ticket is valid for travel on Metro-North and NJ TRANSIT.
  - If you are traveling on the Hudson or Harlem lines to any game, or on the New Haven Line for a game time other than Sunday at 1 PM, you can also add a \$4.50 MetroCard to your purchase for the subway transfer to Penn Station-NY, or you can walk.
- On-board Metro-North Trains
  - On-board fares are higher, and tickets are sold only for travel to/from Grand Central Terminal and on direct service New Haven Line trains to/from Penn Station-NY. Tickets to the Meadowlands Sports Complex Station are not available on-board trains. Be sure to purchase tickets before you board from a ticket machine, or in advance through WebTicket.
- Monthly Ticket Holders (to/from Manhattan)
  - You may use your monthly Metro-North rail ticket for travel to/from Grand Central Terminal. For direct service trains, your monthly ticket covers the portion of your trip to/from Penn Station-NY (on football trains only.)
  - Once you arrive at Secaucus Junction, you must purchase a round-trip ticket from Penn Station-NY to the Meadowlands Sports Complex Station from any NJ TRANSIT ticket machine to pass through the fare gate area.
  - If you are traveling on the Hudson or Harlem lines to any game, or on the New Haven Line for a game time other than Sunday at 1 PM, you can also buy a \$4.50 MetroCard at Grand Central Terminal for the subway transfer to Penn Station-NY, or you can walk.

## **FROM STATIONS ON THE PASCACK VALLEY & PORT JERVIS LINES TO THE MEADOWLANDS SPORTS COMPLEX**

*for any Giants or Jets Game*

- From a NJ TRANSIT Ticket Machine or Ticket Office
  - Purchase a round-trip ticket to the Meadowlands Sports Complex Station. (The price is equivalent to a round-trip ticket from your boarding station to Secaucus Junction.)
  - Monthly commuters to Hoboken and Penn Station-NY can use their NJ TRANSIT monthly ticket without an additional charge.
  - On-board fares are higher, so purchase tickets before you board!
- For information about **West of Hudson** ticketing discounts visit [www.njtransit.com](http://www.njtransit.com).

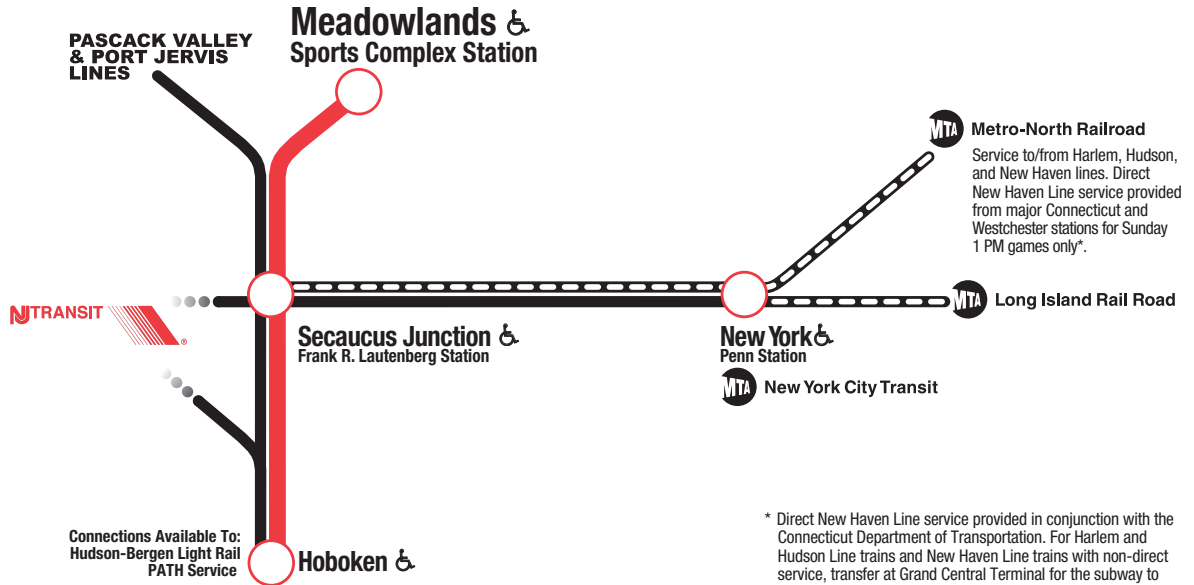
## **TICKET PURCHASING TIPS**

*Hudson, Harlem, and New Haven lines only*

- Traveling to the game with family or friends? Purchase a Ten-Trip off-peak ticket. You'll save money and you can all share the same ticket. (Ten-Trip tickets are valid for one year.)
- Traveling with the kids? You can't beat our Family Fare: children 5-11 years of age ride for only 75¢ each way off-peak all the way to the Meadowlands Sports Complex Station.
- One-way and round-trip tickets are valid for six months so be sure to purchase them early.

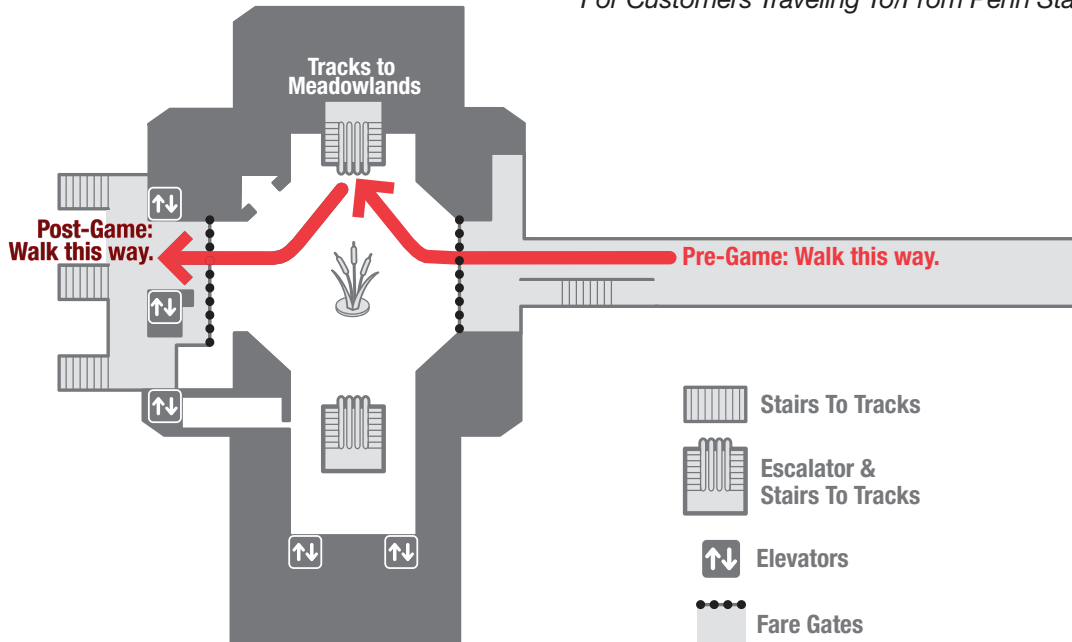
For more information about "Take the Train to the Game™" service, visit our website at [www.mta.info](http://www.mta.info).

# Meadowlands Sports Complex Rail Service



## Secaucus Junction Transfer

For Customers Traveling To/From Penn Station-NY.



# SUNDAY, 1 PM GAMES NEW HAVEN — MEADOWLANDS SPORTS COMPLEX

MILES	TO MEADOWLANDS			
		3133	3137	3141
		AM	AM	AM
86	New Haven	• 8 05	9 05	• 9 50
77	Milford			
73	Stratford			
70	Bridgeport	R 8 25	R 9 25	R 10 10
65	Fairfield	R 8 32	R 9 32	R 10 17
63	Southport			
61	Green's Farms			
58	Westport	R 8 40	R 9 40	R 10 25
56	East Norwalk			
55	South Norwalk	R 8 45	R 9 45	R 10 30
53	Rowayton			
52	Darien			
50	Noroton Heights			
47	Stamford <i>Lv.</i>	R 8 57	R 9 57	R 10 44
45	Old Greenwich			
44	Riverside			
44	Cos Cob			
42	Greenwich, CT	R 9 04	R 10 04	R 10 51
40	Port Chester			
38	Rye	R 9 10	R 10 10	R 10 56
36	Harrison			
35	Mamaroneck			
33	Larchmont	R 9 18	R 10 18	R 11 03
31	New Rochelle			
12	Penn Station NY <i>Ar.</i>	10 02	11 02	12 02
12	Penn Station NY <i>Lv.</i>	10 14	11 14	12 14
7	Secaucus Junction <i>Ar.</i>	10 23	11 23	12 23
7	Secaucus Junction <i>Lv.</i>	C 10 40	C 11 28	C 12 35
0	Meadowlands Sports Complex	C 10 53	C 11 41	C 12 48
		AM	AM	PM

MILES	TO NEW HAVEN			
		3144	3148	3152
		PM	PM	PM
0	Meadowlands Sports Complex	C 4 03	C 4 55	C 5 48
7	Secaucus Junction <i>Ar.</i>	C 4 16	C 5 08	C 6 01
7	Secaucus Junction <i>Lv.</i>	4 28	5 28	6 28
12	Penn Station NY <i>Ar.</i>	4 41	5 41	6 41
12	Penn Station NY <i>Lv.</i>	4 54	5 54	6 54
31	New Rochelle			
33	Larchmont	D 5 29	D 6 29	D 7 29
35	Mamaroneck			
36	Harrison			
38	Rye	D 5 36	D 6 36	D 7 36
40	Port Chester			
42	Greenwich, CT	D 5 41	D 6 41	D 7 41
44	Cos Cob			
44	Riverside			
45	Old Greenwich			
47	Stamford <i>Ar.</i>	D 5 47	D 6 47	D 7 47
50	Noroton Heights			
52	Darien			
53	Rowayton			
55	South Norwalk	D 5 57	D 6 57	D 7 57
56	East Norwalk			
58	Westport	D 6 02	D 7 02	D 8 02
61	Green's Farms			
63	Southport			
65	Fairfield	D 6 10	D 7 10	D 8 10
70	Bridgeport	D 6 18	D 7 18	D 8 18
73	Stratford			
77	Milford			
86	New Haven	6 50	D 7 50	8 50
		PM	PM	PM

## REFERENCE MARKS

- C** Connecting Service. Transfer at Secaucus Junction.
- D** Stops only to discharge customers.
- R** Stops only to receive customers.
- Connection to/from Shore Line East train, subject to change.

Schedules shown are subject to change. Please confirm your travel times. Visit the Metro-North website at [www.mta.info](http://www.mta.info).

